

The Bully Stops Here

Time needed: 40 minutes

Recommended Level: All grades

Categories: Awareness, Empowering

Common Core Standard (s): Writing to convey information, Art

Purpose: Students will decorate classroom doors to create a visual reminder that when they enter the school/classroom, it should be a bully-free zone.

DISCUSSION:

Explain to students that we want to create a "culture of kindness" and promote respect among each other. Discuss ways to achieve this: avoiding negative comments and put downs, keeping hands to ourselves etc. Encourage students to promote this idea by using random acts of kindness...leaving a nice note for someone on his/her locker or desk, helping a friend in need etc. Discuss the idea of character: what you do in a situation when no one is watching, doing the right thing etc.

ACTIVITY:

Students decorate the doors of the classrooms with anti-bullying slogans, good character messages or ideas for random acts of kindness.

FOLLOW-UP:

Have a day in which you challenge all students to make an intentional effort to do three random acts of kindness.

Discuss as a group how this changes the feel of the classroom or the school when students participate in these activities.



Helping Everyone with Anti-Bullying,
Respect & Tolerance

Duplication and distribution of this lesson plan is permitted and encouraged.

For more information about HEART, please visit www.cypressevansville.org