

# The Kindness Mailbox

**Time needed:** 15 minutes

**Recommended Level:** Grades PK-4

**Categories:** Empowering

**Common Core Standard(s):** Writing to convey information

**Purpose:** Students will recognize each other's kind actions; promoting a positive classroom environment where negative actions such as bullying are discouraged.

## **DISCUSSION:**

Tell students the purpose of this mailbox will be to write a short note about something kind they did for another. Also, they can write a short note about a kind act that they saw another person do.

## **ACTIVITY:**

Use a large cardboard box to create a "mailbox."

Have students work together (in groups if desired) to decorate the Kindness Mailbox in a way that includes all students' names.

Place on the teacher's desk or a table nearby.

Encourage the students to write a kindness note to put in the mailbox and to perform at least one kind act each day.

## **FOLLOW-UP:**

Empty the mailbox daily. Make a graph or bulletin board to display and encourage the acts of kindness.



Helping Everyone with Anti-Bullying,  
Respect & Tolerance

*Duplication and distribution of this lesson plan is permitted and encouraged.*

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